



PUTTIN' ON THE RITZ  
GET SPOILED  
ROTTEN AT  
PALM BEACH



**The best INDULGENT PAUSE**

*Eau Spa by Cornelia at The Ritz-Carlton Palm Beach, Palm Beach, Florida, ritzcarlton.com*

When you've spent the day being treated to a deep cleansing and restorative Cornelia Signature Essence Facial (\$175) including a personalized natural oil-based hydrating mask, then had your hands smoothed (from \$30) at the Scrub and Polish Bar, it's hard not to feel spoiled. Especially if you also ate three chocolate cupcakes with vanilla icing while in your bathrobe, took rubber ducky for a soak in the women-only bath lounge and dabbled your feet in the splash pond while twirling in a hanging chair in the Self-Centered Garden. And let's not forget that you lit a floating candle in the wishing well—a wooden water vessel inscribed with the Egyptian proverb: For the benefit of the flowers we water the thorns too. It's only fitting that dinner be lobster and served in an oceanfront cabana under the stars. After all, this

is Palm Beach, and you're staying at the swanky Ritz-Carlton hotel, indulging in its 42,000 square feet of \$30-million spa bliss. Not such a bad thing—at least from my poolside point of view. The exemplary staff ensure that your every desire is fulfilled, from booking you into the presidential suite on the sixth floor, which can go for \$6,400 a night, to catering to Fluffy or Bow Wow (so long as they weigh in under 35 pounds), to planning an excursion to a polo match or setting up a game on the clay tennis courts. Nothing is beyond their reach. My favorite moment: While I'm sipping a margarita and enjoying a lunch of spicy mahi-mahi tacos at Breeze restaurant, a gust of wind sweeps across the patio, lifting some of the sun umbrellas into the sky. The director of public relations is out of her seat, sprinting after them (in high heels), laughing: "The umbrellas are getting away!" Two seconds later, she miraculously has everything back in its place. *-A.E.*

Create your own indulgent escape with:

BIOThERM AQUA-SOURCE NON STOP EMERGENCY HYDRATION MASK (\$34, AT [BIOThERM.CA](http://BIOThERM.CA))

CRABTREE & EVELYN LA SOURCE HAND THERAPY (\$18, AT [CRABTREE & EVELYN](http://CRABTREE & EVELYN))

ARCHIPELAGO LEMMONGRASS SOY CANDLE (\$37, [ARCHIPELAGO-USA.COM](http://ARCHIPELAGO-USA.COM))