

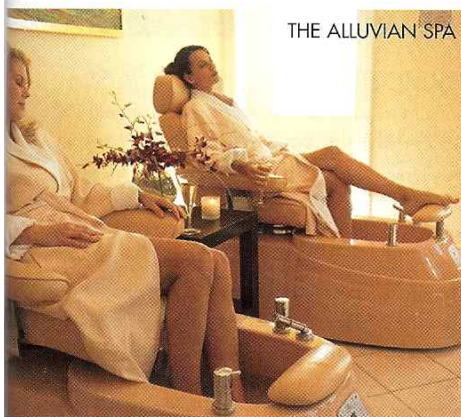
# A TREAT FOR THE BODY AND THE SOUL

WRITER CHRISTIAN T. OWEN

*Time stands still in the atmospheric surroundings of a well-planned spa. These overnight establishments are convenient to the mid-South region. They offer signature experiences complete with organically inspired amenities to revive even the weariest travelers.*

## THE ALLUVIAN SPA

According to *Conde Nast Traveler*, Gold List, 2008, "The Alluvian has been dubbed one of 2008's best hotels in the world." The Alluvian Hotel in Greenwood, Mississippi, boasts 45 luxurious rooms, five spacious suites and four Alluvian Lofts for extended-stay guests. All spaces incorporate custom-designed furnishings and accessories, plush bed and bath linens



THE ALLUVIAN SPA

and custom framed artwork by Mississippi artists. Just across the street is The Alluvian Spa, a peaceful, relaxing experience that begins in the tranquility room with a cool glass of water flavored with fresh blueberries, cucumbers or lemons.

In and around Greenwood, experience the magic and mystery of the Deep South while taking in the state-of-the-art Viking Kitchen Center, conveniently located across the street from The Alluvian Hotel. In addition to quaint restaurant offerings and cafés just

around the corner, The Alluvian is known for Giardina's Restaurant, located inside the hotel.

Organically inspired products incorporated into treatments at The Alluvian Spa include Eminence, an all-organic line for face and body; and Sonya Dakar, a high-end line that also features organic ingredients and recycled packaging. The Alluvian uses recycled newspaper for all wrapping and packaging, and they serve organic teas.

*The Alluvian Hotel*  
318 Howard Street  
Greenwood, Mississippi 38930  
662.453.2114 or 866.600.5201  
thealluvianhotel@thealluvian.com

## BELLISSIMO SPA & SALON

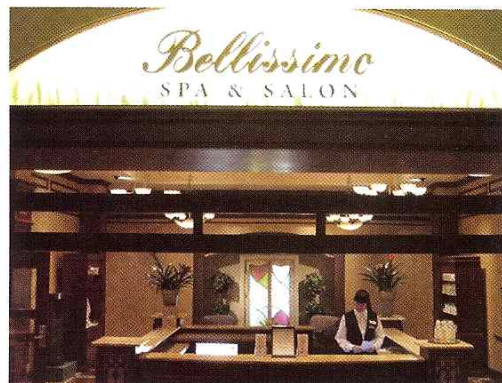
The largest casino between Las Vegas and Atlantic City, Harrah's Tunica spans over 2,000 acres, featuring three elegant hotels that surround The Links at Cottonwoods golf course.

The casino property offers area attractions such as Tunica National, a world-class golf and indoor tennis center, Willows Hunting & Sporting Clays Center and the Tunica Riverpark, complete with an aquarium and Mississippi River cruises. Harrah's Tunica has six restaurants ranging from quick snacks to gourmet meals such as the new Paula Deen Buffet and '37 restaurant. On the first floor of the Terrace Hotel at Harrah's Tunica is the luxurious Bellissimo Spa & Salon, more than 16,000 square feet of relaxing atmosphere.

The spa offers everything from massages to manicures including a wide array of other spa and salon services and a state-of-the-art fitness



RELÂCHE SPA



center. The Bellissimo Spa uses Pure Fiji products ([www.purefiji.com/usa](http://www.purefiji.com/usa))—products that are all natural, creating a minimal carbon footprint. Pure Fiji passionately advocates the simple belief that we (Pure Fiji) create products that are fresh and natural while respecting our people, our culture and our environment. All Pure Fiji bottles are PET grade 2 recyclable.

*Bellissimo Spa & Salon*  
13615 Old Highway 61 North  
Tunica Resorts, MS 38664  
1-800-WIN-4-WIN (946.4946)  
[www.harrahstunica.com](http://www.harrahstunica.com)

## RELÂCHE SPA

The Gaylord Opryland Resort and Convention Center offers extravagant food, a world-class golf course with professional instructors, multiple ballrooms, abundant meeting facilities and friendly staff to help you find your way. Discreetly tucked within a second-level foyer of this resort lies Relâche Spa, an oasis of comfort created to focus intently on each of its clients.